Trafford VCSE Strategic Forum

A VCSE Led Model of Co-production for Transforming the Health and Well Being of Trafford’s Residents

Wednesday 23rd January 2019
Welcome and Introductions

• Welcome to the Forum event by Chris Hart, Thrive Trafford

• Introductions around the tables
VCSE Sector Vision

Trafford VCSE Sector
Vision for Transformation of Health and Well Being for Trafford’s Residents

Trafford’s voluntary sector is an equal partner in improving health and wellbeing of Trafford’s residents taking an active part in planning, commissioning and delivery to:

- Help improve health and well-being
- Address health inequality
- Recognise diversity
- Reduce demand on formal health care provision
- Support prevention
- Encourage early intervention
- Deliver innovation
- Encourage collaboration
- Build resilient communities
- Provide a sustainable VCSE sector
The Vision One Year On
Local Care Alliance

Transformation, and Integrating Health and Social Care

Sara Radcliffe – Corporate Director
Commissioning TBC and TCCG
23rd January 2019
Integrated Commissioning Directorate – Who We Are

4 Teams
TBC Public Health – Eleanor Roaf
TBC All Age Social Care Commissioning – Karen Ahmed,
CCG Health Commissioning - Naomi Ledwith,
CCG Performance and Quality Improvement – Michelle Irvine
• One Narrative
• One Focus
• One Set of Priorities
Commissioning for Population, People and Place

• Commissioning for Population – improving outcomes, working with partners influencing the wider detriments of health and wellbeing

• Commissioning for People – improving outcomes by a community asset based, co-designed approach

• Commissioning for Place – improving outcomes by commissioning care closer to home, and care in the best place

  4 Neighbourhoods, 1 Locality, Locality plus, GM

•Aligning strategies and governance to a place based model e.g. primary care strategy, community transition programme, care closer to home, prevention/social movement

• Our LCA is central to both commissioning and delivery of care
Inequalities in male life expectancy

Least deprived area in Trafford
Total life expectancy 83.3 years
(13% of total life expectancy lived in poor health)

Most deprived area in Trafford
Total life expectancy 75.7 years
(26% of total life expectancy lived in poor health)

Inequalities in female life expectancy

Least deprived
Total life expectancy 86.9 years
(16% of total life expectancy lived in poor health)

Most deprived
Total life expectancy 79.1 years
(29% of total life expectancy lived in poor health)
1. Affordable and Quality Homes
Trafford has a choice of quality homes that people can afford

2. Health and Well Being
Trafford has improved Health and Well-Being, and Reduced Health Inequalities

3. Successful and Thriving Places
Trafford has successful and thriving town centres and communities

4. Children and Young People
Ensuring a Fair Start for All Children and Young People

5. Pride In Our Area
Creating Pride in Our Local Area

6. Greener
Maximising Our Green Spaces, Transport and Digital Con

7. Targeted support
Supporting our residents when they need it most
The context - 7 CCG priorities

1. Engagement
2. Commissioning intentions and delivery
3. CCG resilience – workforce and governance
4. The financial recovery plan
5. Commissioning a Local Care Alliance
6. Commissioning an integrated health & social care community model
7. Commissioning primary care at scale
A new relationship between public services and citizens, communities and businesses that enables shared decision making, democratic accountability and voice, genuine co-production and joint delivery of services. Do with, not to.

An asset based approach that recognises and builds on the strengths of individuals, families and our communities rather than focussing on the deficits.

Behaviour change in our communities that builds independence and supports residents to be in control

A place based approach that redefines services and places individuals, families, communities at the heart

A stronger prioritisation of wellbeing, prevention and early intervention

An evidence led understanding of risk and impact to ensure the right intervention at the right time

An approach that supports the development of new investment and resourcing models, enabling collaboration with a wide range of organisations
**Our Ambition**

**To Commission for Population, People, Place**

We are improving the health of Trafford and reducing inequality by working together to commission quality services.

<table>
<thead>
<tr>
<th>By Commissioning</th>
<th>By Focusing</th>
</tr>
</thead>
<tbody>
<tr>
<td>With a shared single vision, purpose and leadership for health and social care</td>
<td></td>
</tr>
<tr>
<td>- strategically for outcome focused care models and systems</td>
<td></td>
</tr>
<tr>
<td>- co-designing place based delivery models</td>
<td></td>
</tr>
<tr>
<td>- creating alliances for better health and care</td>
<td></td>
</tr>
<tr>
<td>On our Local Building Blocks to create sustainable change</td>
<td></td>
</tr>
<tr>
<td>- Local Care Alliance</td>
<td></td>
</tr>
<tr>
<td>- All Age Integrated Health and Social Care Neighbourhood Teams</td>
<td></td>
</tr>
<tr>
<td>- Market Management for affordable high quality care at home, or closest to home</td>
<td></td>
</tr>
<tr>
<td>- Our community</td>
<td></td>
</tr>
</tbody>
</table>

**By Using Our Potential**

- Empowered workforce
- Public Health data to inform commissioning
- Contractual frameworks
System Change: Commissioning a model of care through the LCA
“Co-ordinated Care Closer to Home”

2018

Commission:
- urgent care system
- respiratory system
- injury/frailty system

Encompass:
- sustainability areas for
- 18/19 transformation fund
- All providers

Fragmentation to system
Inputs to outcomes

2031

Commission:
- Adding life
- Saving lives
- Reducing inequality

Encompass
- System wide LCA
- Totality of resource
- £, people, risk

Change
- activity to commissioned programmes
- One contract through the Alliance

Prevention
Enabling people to support themselves

Scheduled, supporting people to build a good life

Urgent
Supporting people in and through a crisis
Trafford Commissioning – Population, People and Place - In it Together

Leading, Listening, Learning Together

Sow the Seeds Together

All on Board Together
Importance of the VCSE Sector and Engagement

Dan Shelston, Thrive Trafford
Pulse Regeneration working in partnership to deliver Trafford Council’s Voluntary, Community and Social Enterprise Infrastructure Support Services

Purpose of Presentation

Update Strategic Forum on the work to:

Engage VSCE Sector in the Design and Development of a VCSE led Health and Well Being Collective
Why a Collective?

Support the transformation of health and social care in Trafford through effective engagement with the VCSE sector

Development of a stronger more sustainable VCSE sector in Trafford working together aligned to the strategic commissioning intentions of the Borough

Reduce the demand on formal costly areas of health provision through development of person centred approaches to health care provision
Why the VCSE Sector?

The sector;

- can lead the prevention agenda by providing activity and resource to help people have good health and well being
- already works in localities and delivering local services that meet the needs of neighbourhoods (41% of VCSE organisations in Greater Manchester work in specific neighbourhoods)
- often works with the most marginalised in society who often have the greatest need for the right health and social care
- can deliver whole care pathways, supporting the transition in and out of care
- offers a huge resource including people and buildings working in the health and social care sector
- can lever in other resource, not otherwise available to formal health care providers
Strategic Fit

- Local (Transformation agenda, Public Sector Reform)
- Regional (Greater Manchester Health and Social Care Partnership)
- National (Five Year Forward Plan, Realising the Value)

“Stronger partnerships with VCSE organisations”
“a thriving VCSE sector can work alongside people and the health and care system to improve health and well being”
Market Support

- VCSE Sector Survey Results (2018) – Key priorities
  *Increasing engagement of VCSE sector to have a strategic influence*
  *Improving collaboration between the VCSE and public sectors*

- Commissioners
- Communities and Partnership Team
- VCSE sector
- HWB Board
- LCA
- THRIVE
Trafford VCSE Health and Well Being Collective

George Devlin
Working Undertaken to Date

• A VCSE Working Group from 5 commissioned organisations; Age UK Trafford, Bluesci, Citizens Advice, Home-start Trafford & Salford, LMCP
• Considered how a VCSE Response to social prescribing might be developed
• Development of an operational model and the idea of a collective
• Presented to Social Prescribing Workshop (September 21st)
• Feedback from workshop, VCSE sector survey, commissioners, Council, LCA support for a collective model
• VCSE Workshop to develop the Collective
• Working Group established to develop model/business plan/implementation plan
• 1st meeting of the Group taken place
Working Undertaken to Date

• A VCSE Working Group from 5 commissioned organisations; Age UK Trafford, Bluesci, Citizens Advice, Home-start Trafford & Salford, LMCP
• Considered how a VCSE Response to social prescribing might be developed
• Development of an operational model and the idea of a collective
• Presented to Social Prescribing Workshop (September 21st)
• Feedback from workshop, VCSE sector survey, commissioners, Council, LCA support for a collective model
Working Undertaken to Date

- VCSE Workshop to develop the Collective in December 2018.
- Workshop established a working group to develop model/business plan/ implementation plan for the Collective.
- Presentation to the Health and Well Being Board on the 11th January 2019.
What the Collective might look like?

- Vision
- Aims
- Objectives
- Values
- Membership
- Structure and Governance
- Sub Groups
- Membership Expectations
Principles of the Collective

Vision

Trafford’s voluntary sector is an equal partner in improving health and wellbeing of Trafford’s residents taking an active part in planning, commissioning and delivery

Aims

• Improving health outcomes
• Improving health equality for families and communities
• Strengthening and developing the VCSE sector
Principles of the Collective

Objectives

• Act as a critical friend to VCSEs, Trafford CCG & Trafford Council Partners.
• To embrace a solution focused approach to problems and issues
• Access funding opportunities from public bodies that improve services and outcomes for all people
• Have a scrutiny role monitoring the actions and outcomes linked to this funding
• Raise awareness and promote the work of the sector.
• Identify and develop resources and opportunities that will include; Volunteers, Training, Mentoring Programmes & funding opportunities
Principles of the Collective

Objectives

• Identify and develop resources and opportunities that will include; Volunteers, Training, Mentoring Programmes & funding opportunities
• Support local residents, to engage with person centred approaches to health and wellbeing
• To continually drive up quality through working collaboratively
Principles of the Collective

Values

• Open to working together to achieve better outcomes
• Committed to open dialogue, both internally and externally
• Underpinned by trust, honesty and integrity
• Supportive of each other to deliver its aims
• Continuously striving for excellence
• Committed to Trafford’s communities with a focus on inclusion and access, in particular for ‘seldom heard’ communities.
Principles of the Collective

Membership

• Membership of the collective will be open to all VCSE groups and organisations either based or delivering health and well being services within Trafford who adhere to standards of good practice

Structure and Governance

• The Collective will be governed by elected officers from the VCSE sector who will be accountable to the membership
• The Collective will potentially have its own staff and resource
Principles of the Collective

Sub groups

The Trafford VCSE Health and Wellbeing Collective may set up sub-groups or committees in the interest of furthering the aims and objectives of the Collective. For example:

- Committees set up on a thematic basis furthering the delivery ability of the Trafford VCSE Health and Wellbeing Collective in specific service areas (e.g. children and families)
- Committees set up on a geographic/locality basis
- VCSE workforce development
- Internal and external communications
- Policy and strategy development work
Principles of the Collective

Membership Expectations

• To contribute to strategic discussions about the direction and development of the Health and Wellbeing Collective (on the basis of a collective interest in its success as opposed to individual member organisation interest)

• To proactively engage in the business of the Trafford VCSE Health and Wellbeing Collective attend meetings and agree to participate in any sub-group/committees

• To support and respect other members

• To identify market opportunities and share information

• To support and adhere to the values of the Trafford VCSE Health and Wellbeing Collective
Benefit to Commissioners

- Participation in co-design process
- Streamline service through pooled budgets
- Direct route to access the views of individuals, families and communities that will encourage participation in service design and delivery
- Access to expertise in specific areas of service delivery
- Flexible multi-disciplinary response to meet local need
- The capacity to respond to commissioning frameworks based on the delivery of outcomes
- Ability to access funding that public agencies would not be able to access independently
Benefit to the Sector

- Improved strategic relationships with service commissioners and strategic policy leads and opportunity to influence the operating environment
- Opportunity to develop and deliver joined up services at a local level
- Access to capacity building support leading to increasing the number and strength of VCSE organisations in Trafford
- Increased quantity and quality of local volunteering
- Opportunities to work in partnership with other VCSE providers
- Opportunity to share good practice and learning opportunities based on an ethos of mutual support
Benefit to Residents

- Person centred approach to improving health and well being
- Encourages residents to take responsibility for health and well being
- Supports improved mental and physical health
- Works in localities and therefore responds to local needs
Next Steps/Timeline

- Sign off from wider VCSE sector
- Working Group to develop Action Plan/Timetable
Vision into Practice: Social Prescribing Update

Ric Taylor
Lead Commissioner Mental Health & Learning Disability
NHS Trafford CCG
Using opportunities brought by transformation and integration brings together:

- Transformation to Primary Care at Scale
- Public Health
- Connecting People to Communities programme
- Local Care Alliance
- One Trafford Response

Development and Governance Vehicle

- Trafford Primary Care Mental Health & Wellbeing Service
- Lead Provider GMMH

Creates Opportunities:

- To trial and embed new ways of working
- Promote prevention of mental ill health and encourage positive steps for good mental health
- Reduce isolation
- Reduce avoidable demand
- Reduce variation
- Reduce inappropriate prescribing – e.g. of anti depressants
- Support and embed third sector colleagues in redesign of health and care services
- Improve access to services and to wider public and voluntary sector support
- Target vulnerable groups and individuals

Key Characteristics

- Strategically driven
- Clinically excellent
- Socially Conscious
- Prevention at its core
- ‘Virtual Referral Cycle’ – we will link services to people and people to services
Discussion/ Group Working

Action Planning for the Collective
Group Working 1

Q1 – Are we happy to sign off the principles as outlined?

Q2 – Are we happy for the Working Group to progress development of the Collective (would anybody else like to be part of that Working Group)?
Group Working 2

Q3 – What are the key actions to develop the Collective for 2019?

Q4 – What actions/support is needed from Public Sector partners to enable these to happen?
Summing Up/ Agreeing Forward Actions
Event Evaluation

Please complete the evaluation sheet and provide feedback and any thoughts on themes for future Forum events
Future Dates and Close

- **Trafford VCSE Strategic Forum Dates 2019:**
  - 8th May
  - 9th July
  - 16th October
  - All times 1-3pm

- Thank you for your input today